



Resident David Ravens admired a card from a Sant Bani School second grader



Local friend, Susan Harris, and Pyareo chef, Tina Nagel enjoy a presentation

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Matching Gift Challenge

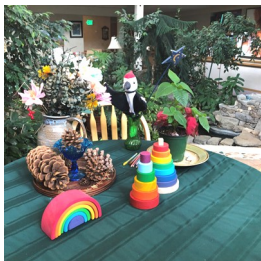
Beverly Swan

We’ve got some exciting news to share with our Pyareo community! We are incredibly blessed to have received an offer from a very generous donor to **match up to \$50,000 for gifts arriving by December 31st, 2022**. We encourage you to please consider helping us reach our goal by making a gift before the end of the year.

Money raised from our fall fund drive will help to support higher wages for our staff (these raises have made all the difference!), pay for repairs and maintenance of the building and grounds, and many other important things that are vital to the health of Pyareo. We welcome a few residents each year who are unable to pay the full cost of living at the Home. The subsidies that pay for these residents’ time at Pyareo Home come from your donations. *We could not offer this assistance without your generous support.*

Please help us reach our matching gift of \$50,000 by December 31st. All gifts, large or small make such a difference, especially because every dollar will be doubled! Donations can be made by using the enclosed envelope, or directly on our website (www.pyareohome.org).

UPDATE ON THE MATCHING GIFT:
We are thrilled to report that we have raised a total of \$22,000 toward our matching gift of \$50,000. Please help us reach our goal!



Can you find David Ravens in our cozy indoor oasis?

Administrator's Corner



I would like to start off by saying I have enjoyed my first year as the Administrator. Having the support of the board, staff, residents, and their families has been very helpful to me. I have learned a lot. Recently, our nurse, Marie, and I attended two very informative conferences, and we will be going to another one at the end of the month. Our staff also joined me recently for a class focused on the dispensing of medications and record keeping. After successful completion of the course, we received certifications attesting to our knowledge of these important procedures. Through these educational opportunities we continue to learn and grow together in our positions.

Our residents are happy here at Pyareo and I'm pleased to share that for many months all of our rooms are occupied. To fill a recent vacancy, Ms. Donna Jewell, whom many of you may know, will be moving in at the end of November. We are also fully staffed now (thanks in part to the initiative to raise their pay) and we couldn't have asked for better employees. They are caring, devoted, and truly love our residents - and go above and beyond.

In personal news, my daughter Amaya, who is also an LNA at Pyareo Home, had her first baby earlier this year - my second granddaughter! We are so glad to have Amaya and Antonia - another of our dedicated staff - returning to Pyareo. Also, a big welcome to our newest Resident Assistant, Destiny.

Stay warm and Happy Holidays,
Jenn Wright

"I believe that all of our lives we're looking for home and if we're really lucky, we find it in someone's loving arms. I think that's what life is: coming home."

Anita Krizzan



A beautiful brook in the fall near Pyareo Home



Christmas tree guard kitty reporting for duty



Locals enjoying the peace and quiet



Resident Betty Newhall sets up her desk for a day's work

Steering Through New Turns in the Road

Tibor Farkas

Another eventful year at Pyareo Home is coming to a close. Covid has been part of everyone's life, sometimes in the background, and at times taking center stage. As I write this, we have just squeaked through a Covid outbreak at Pyareo Home – our first since the pandemic started nearly three years ago – with both residents and staff affected. Most had mild symptoms, but two (one staff member and one resident) had greater difficulties. Things are getting better, and everyone has now tested negative for Covid, but this outbreak is a somber reminder that Covid will be with us into the indefinite future, and there is no sure way to keep it out of the Home. When things settle back to normal, we will be reviewing our safety procedures and emergency response, and see where we can improve.

In the past two years, the demand for rooms at the Home has been increasing. A new generation of friends and neighbors are needing our services, and we are glad that we have an established home ready for them. Last spring, we reorganized the planning and management at Pyareo Home. In order to spread the workload and make quicker and better decisions, we created permanent committees to deal with various aspects of the work: finance, buildings and grounds, outreach, resident programs. We hope that community members will be joining these committees. We're still fine tuning things, but everyone feels good about this new direction.

In the next few years, the “boomer” bunch that started the Home, will be passing the torch to a dedicated and competent younger group. The changeover has already started. Yay! All of us involved with Pyareo Home thank you for your encouragement and support, and wish you a happy holiday season and beyond.



Reconnecting After Covid

Anna Benevides

As a school librarian, my year started off with a welcome return to normal activities, like sitting next to each other on the carpet and reading together. Although there is still an elevated level of caution all over the world, it is a relief to be able to gather together again in the ways we're used to. Social connections are being born for the first time in the youngest members of society, and reborn in the rest of us.



So proud of their work

So, I started thinking more about something that's been on my mind since joining the Pyareo Home board of directors a few years ago. My child used to come home from Sant Bani School in kindergarten, 1st, and 2nd grade and excitedly tell our family how much fun he had at "that place with the fish pond, inside where we played!" The fish pond is one of the lovely indoor features of Pyareo Home and one that definitely draws the attention of children and adults alike. We would later read in the class newsletter that the students performed a holiday skit, sang songs, or made crafts with the residents, and we saw so many smiling faces in pictures the teacher shared with us. Sant Bani School is an independent day school for grades Pre-K through 8, that is just over a mile up the road from Pyareo Home.



A beautiful bird lantern

One of the biggest concepts the school instills in its students is the importance of selfless service (also known as seva). The relationship SBS and Pyareo Home shared for many years was a happy tradition, but when I asked some Sant Bani School teachers and Pyareo Home employees, it sounded like this tradition had somehow evaporated. Knowing staff members at both Pyareo Home and SBS, I was sure that this wasn't a connection that ended on purpose. So why had such a mutually beneficial and convenient opportunity stopped? I came to the conclusion that rapid, unavoidable, changes in administration at both the school and Pyareo, followed by the Covid pandemic, had resulted in a connection lost. So I



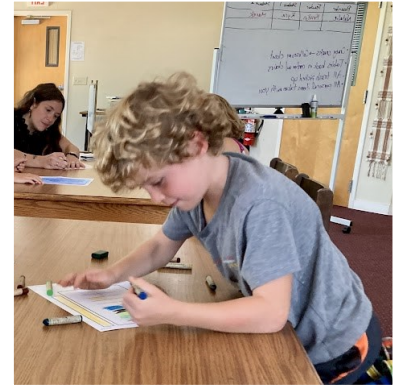
The colorful lanterns in their new home

wanted to facilitate reuniting SBS and the Home. At the end of August, I mentioned the idea of reconnection to fellow Pyareo Home board member, and retired teacher Jade Warfield, who contacted Sara Nicolaisen (SBS alum, parent, and current Director of Admission and Student Life) and Jenn Wright (PH Administrator) and quickly planned the first, of hopefully many, connections for early September. It was determined that someone would go to Sant Bani School on their September service day, and "introduce" the students to Pyareo Home. I ended up being that happy person. I read a picture book about a boy who befriended someone living in a nursing home and her memories that he helped to preserve. After talking about why sometimes our elders need to move into an assisted living home, we looked at pictures of Pyareo residents in some of the older newsletters.

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Afterwards, the students made paper lanterns, which I hung up at Pyareo Home. While there, I told resident David Ravens about the students, and showed him a card a 2nd grader had created. It made him smile. We chatted about what the children did, and how they would hopefully visit sometime. It was a good reminder to me of why selfless service is so enjoyable and valuable. I also got the benefit of talking more with the people who help at Pyareo Home in the kitchen, whom I've known since I was a child, and some who had taught my child, as well as a kind staff member who helped me hang the lanterns. There is another service day coming up soon and it makes me so happy to know Jade, Sara, and Jenn are already working on another connection as I write. Someday soon, when it's safe, students will visit Pyareo Home, and chat with the residents, check out the fish pond and pat the cats - everyone enjoying each other's company.



Thoughtfully coloring



Sant Bani School Students showing the lanterns for Pyareo Home on service day

Pyareo Home Fun Facts

Year opened: 2000

First resident: Marlana Elsner

Longest resident: Ann Wiggins

Newest resident: Donna Jewell

Number of pet cats living at Pyareo over the years: 5

Total number of residents Pyareo has served over the years: 61

Pyareo Home was created to serve the dear ones in our community without families to care for them. Many local friends joined together in the planning and building of the Home, similar to the old "barn raising" days.

Jonathan Invades the Invasives



Jonathan Powell is ready for anything



Pretty but invasive multiflora grows wild

Jonathan Powell

It's hard to believe that I have been at Pyareo for seven years now! My job – building and grounds caretaker and bookkeeper - is multi-faceted, and besides the regular chores and troubleshooting various problems that come up, from toilets to computers, I have a lot of freedom to choose where to put my energy. Before Pyareo, I had little interest or experience in landscaping and gardening, but now it has become a major focus of my activity. I am very much an amateur, and I try things out knowing that some things will fail and others will succeed. My general goals are to increase the amount and diversity of plants, shrubs and trees that support wildlife such as birds and insects, to open up spaces, and to remove and control invasive plants. I don't have a grand plan, but seem to drift from one project to another.

One of my projects this year has been multiflora roses. Although they are attractive, they form dense thickets that crowd out native plants, and often grow along with bittersweet, another major invasive. Like bittersweet, they spread easily both above and below ground, and they are a climber – they can climb 15 or 20 feet high on a tree and strangle the life out of it. Not to mention the thorns! One clump, between the raised vegetable beds and the mowed path, has been an annoyance with its thorns and vigorous growth when I am mowing or working in the garden. I started cutting it back one day, and kept going. I removed the whole thing, roots and all, and that opened up space for some more desirable native shrubs. Some time later, I was looking at another one of the multiflora thickets, and noticed that it was taller in one area.

I investigated a little more and discovered that it was completely hiding an old apple tree, which I decided to help free from this pesky vine. From there, I spent a few days eliminating the whole thicket, including the roots. This then opened up a large area of bare ground that received a good amount of sun - a perfect place to introduce sun-loving perennials without competition from well-established grasses and weeds. Why should this invasive get the prime spot for full sun?

So this is just one example of the kind of project I take on. The rewards come when the new plants thrive and there are flowers covered with bees and butterflies, and plants giving food and shelter to birds. And we still have a couple other large clumps of multiflora. A gardener's work is never finished!

Warmest thoughts and best wishes for
a wonderful Holiday and Happy New Year!

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Shipp Webb, Vice President
Beverly Swan, Secretary
Anna Benevides
Jim Miller
Christian Pearsall
Luke Sand
Jade Warfield
Laurie Webster

ADMINISTRATOR

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Pyareo Home, Inc. is registered as a nonprofit public charity organization with the State of New Hampshire. All contributions are tax-deductible. Our IRS tax identification number is 04-3347981.

A Warm Welcome to our New Board Member



LUKE SAND

I have been looking for a way to be more involved with, and give back to the community that I very fondly grew up in, so I was overjoyed when Tibor reached out to me about joining the board. My professional experience is varied involving retail management and operations with Whole Foods, an e-commerce startup, and currently historic restoration & carpentry. Throughout my work life I've reveled in finding solutions that benefit all involved and creating, be it beautiful displays, therapeutic products or now well-crafted, inviting spaces. My life experience involves, as it does for so many dear ones, searching for meaning, trying to be a good/better person and finding peace. I hope I can use all the life lessons that have given me to benefit everyone involved with the Pyareo Home. I gratefully look forward to learning, helping and maybe doing a bit of carpentry while I'm at it.



“Winter is the time for comfort,
for good food and warmth, for
the touch of a friendly hand
and for a talk beside the fire:
It is the time for home.”

Edith Sitwell



Pyareo Home

333 Brook Road
Sanbornton, NH 03269

ADDRESS SERVICE REQUESTED

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Pasta E Fagiole (pasta with bean sauce)

INGREDIENTS:

- 1 tablespoon olive oil
- 1 carrot, chopped
- 2 stalks celery, chopped
- 3 or 4 cloves garlic, minced or crushed
- 2 (15 or 16 ounce) cans white kidney cannellini (or other) beans, drained
- 2 cups or more vegetarian broth
- 1 pound ripe plum tomatoes, chopped or 1 (14 ounce) can diced tomatoes
- 2 tablespoon chopped fresh Italian parsley
- 1 teaspoon dried marjoram
- 1 pound pasta, such as farfalle, penne or ziti



DIRECTIONS:

- Put on a large pot of water to boil for the pasta.
- Heat oil in the pot and then add the carrot, celery, and garlic, and fry until soft
- Add the beans, tomatoes, broth, parsley, and marjoram.
- Cover and simmer over low heat for about 5 minutes
- Meanwhile, cook the pasta in the boiling water until al dente. Drain the pasta and add
- to the pot with the vegetables. Taste for seasoning.

Per serving: Calories: 293, Protein: 14 g, Carbohydrate: 56 g, Fat: 1 g